



# PORMPUR PAANTHU NEWS WEEK

Issue 135: Monday 23 January 2023

## Pormpur Parr-ir Pama & Parr-ir Paanthu (Youth Program) @ the Hall Timetable for Age 12 to 24



Times	Monday	Tuesday	Wednesday	Thursday	Friday
8:30 – 10am	<u>Healthy Breakfast &amp; Exercise:</u> • Cereal/toast/fruit • Exercise Circuit	<u>Healthy Breakfast &amp; Exercise:</u> • Cereal/toast/fruit • Exercise Circuit	<u>Healthy Breakfast &amp; Exercise:</u> • Cereal/toast/fruit • Exercise Circuit	<u>Healthy Breakfast &amp; Exercise:</u> • Cereal/toast/fruit • Exercise Circuit	<u>Healthy Breakfast &amp; Exercise:</u> • Cereal/toast/fruit • Exercise Circuit
10am to 11am	<u>Team Building Games</u>	<u>Cooking Classes</u> Recipe changes weekly	FREE TIME	<u>Outdoor Activities</u> • Beach Fishing • Out on Country	<u>Driver Licence game/study</u>
11am – 12pm	<u>Indoor Games</u> • Literacy/Numeracy • Cards/Games		<u>Art &amp; Craft Activities</u>		<u>Cooking Class</u> (Recipe varies weekly)
12pm – 1pm	Hall Closed for lunch	Hall Closed for lunch	Hall Closed for lunch	Lunch out on Country	Hall Closed for lunch
1pm – 3pm	<u>Improve Reading and Writing Skills</u> • Board Games/Reading	<u>Afternoon Tea with.....</u> • Yarn about Health and Wellbeing Matters	<u>Learning Basic Skills / Money Yarns</u> • Budgeting • Let's talk Workforce		<u>Afternoon Tea with.....</u> • Yarn about Health and Wellbeing Matters
3pm - 4:30pm	<u>Freestyle Ball Games</u>	<u>Indoor Cricket/Futsal</u>	<u>Cooking</u> • Popcorn for Movie night/Drinks/Snacks	<u>Wind Down and Relax Time at Hall</u>	<u>Friday Afternoon Basketball</u>
4:30pm – 5pm	Closed for Packing up/Cleaning Up				
	Movie Night: Fortnight Wednesday Night (5pm to 6:30pm)				
	Monthly Disco – 6pm to 9pm – Last Friday of each Month				

**Come see the  
Indigenous Drivers Licensing Unit  
In Pormpuraaw**

TUESDAY 21 <sup>st</sup> MARCH 2023	<b>RISE – Pormpuraaw</b> 29 Pormpuraaw Street 8:30am – 4:00pm	Licence Testing (Written & Practical), Licensing Services
WEDNESDAY 22 <sup>nd</sup> MARCH 2023	<b>RISE – Pormpuraaw</b> 29 Pormpuraaw Street 8:30am – 4:00pm	Licence Testing (Written & Practical), Licensing Services
THURSDAY 23 <sup>rd</sup> MARCH 2023	<b>RISE – Pormpuraaw</b> 29 Pormpuraaw Street 8:30am – 4:00pm	Licence Testing (Written & Practical), Licensing Services

**Learner Licence Testing at 10am Daily**

**Practical Driving Tests**  
It is now a requirement that the Hazard Perception Test is completed before doing a driving test.  
For more information, visit  
<https://www.ild.gov.au/hazardperceptiontest>  
Applicants must provide vehicle for testing.  
IDLU do not provide a vehicle.

No Cash – EFTPOS only  
Bring all I.D – Originals only

**For more information, please call 1800 130 886**

Please see Vanessa Deakin or Eddie Coleman at the hall for more details or you can contact them via email: [v.deakin@ppac.org.au](mailto:v.deakin@ppac.org.au) or [e.coleman@ppac.org.au](mailto:e.coleman@ppac.org.au)

**Jan 26, 2023**  
Thursday  
**Public Holiday Trade**




**CEQ Pormpuraaw**  
9am – 1pm

# Playgroup has started!

**Monday at the Corner Shed from 10am to 12pm**

**Wednesday at the school from 10am to 12pm**

**Friday at the homes/beach from 10am to 12pm (decided on the day).**

**Outside School Hours Care (OSHC) from 3pm to 5pm Monday-Friday**



**For more information call Sandra on 40 604 001**



ALCOHOL AWARENESS

## DRINK RESPONSIBLY.

Remember to always take things in moderation.

**Don't just drink. Choose to think.**

PLEASE SEE OUR COUNSELLORS IF YOU NEED HELP OR SUPPORT!



## CONTACT US!

23 Yalu St,  
Pormpuraaw, Q 4892  
Phone: 07 4060 4260  
Fax: 07 4060 4280

- Healing Services  
07 4060 4260
- Long Day Care  
07 4060 4165
- Outside School Hours Care  
07 4060 4001
- Women's Shelter Admin Office  
07 4060 4082
- CEO's Office  
07 406 04211

ALL WORK AND WALK TOGETHER ON ONE PATH OF HEALING, LEARNING, CARING AND SHARING, CREATING A SAFER ENVIRONMENT AND COMMUNITY